

# Thermojetics® High-Protein, Low-Carb Drink Mix

## Fruit drink that packs a protein punch

On the surface it might seem obvious that drinking sugary sodas would make you gain weight, after all, they're packed with sugar. But did you know the real reason people who drink lots of soda gain weight is because they generally are eating something along with that drink?

Studies have shown that calorie-laden drinks don't satisfy and you continue to eat. In the end, you gain more weight drinking two cans of soda pop than you would if you ate a slice of pizza.

Dieters often feel deprived when they avoid sugars and carbohydrates. This can result in a craving for something sweet—making it easier to fall off the dietary wagon. What's needed, then, is a way to satisfy the desire for something sweet while completely avoiding sugar.

Herbalife's refreshing, tasty Drink Mix—part of the Thermojetics® Gold High-Protein, Low-Carb Program—is a satisfying alternative. This naturally flavored drink is formulated for convenience and taste, and is packaged in convenient single-serving pouches. Just add water and enjoy! Not only does it taste like fruit juice, it contains 15 grams of protein yet is low in carbohydrates, fats and calories, so you and your weight loss won't be slowed down. Want your fruit juice every day? Here's the delicious answer to your craving and your desire to lose weight, or for a healthy snack.

## Discussion Points

- More than a drink: Thermojetics® High-Protein, Low-Carb Drink Mix helps satisfy hunger, provides an energy boost and is formulated with 15 grams of protein.
- Handy, quick refreshment: the single-serving pouches fit easily into a purse or briefcase, and all you have to do is mix it with water for an energizing pick-me-up.
- Delicious natural fruit flavor: Thermojetics® High-Protein, Low-Carb Drink Mix is available in Peach Mango and Wild Berry. It tastes so good you won't believe it's part of a weight-loss program.
- Combine with other products: Thermojetics® High-Protein, Low-Carb Drink Mix can be used in conjunction with the Thermojetics® Weight-Management Programs and Herbalife's entire line of nutritional products.

## Did You Know?

Thermojetics® High-Protein, Low-Carb Drink Mix contains whey protein, the highest quality form of protein that exists. "Biological value" (or BV) is a term used to measure how efficiently a protein can be used by the body for growth. The BV of beef is 80, the BV of a whole egg is 100 and the BV of whey protein can be anywhere from 100 to 159.

## Fast Facts

- High in protein (15 grams) and contains 2-3 grams of carbohydrates and only 70 calories.
- Easy-to-use, single-serving packets. Just add water and enjoy.
- Available in Peach Mango and Wild Berry flavors.
- Combine with the vanilla-flavored Thermojetics® High-Protein, Low-Carb Shake Mix for a filling new-taste sensation with a whopping 30 grams of protein.



Peach Mango

## NUTRITION FACTS

Serving Size: 1 packet (19.5g)  
Servings per container: 7 packets

	Amount Per Serving	
Calories	70	
Calories from Fat	5	
	% Daily Value*	
Total Fat	0.5 g	1 %
Saturated Fat	0 g	0 %
Cholesterol	10 mg	3 %
Sodium	40 mg	2 %
Potassium	70 mg	2 %
Total Carbohydrate	2 g	1 %
Dietary Fiber	0 g	0 %
Sugars	0 g	
Protein	15 g	
Vitamin A	0 %	
Vitamin C	0 %	
Calcium	0 %	
Iron	0 %	

Total Fat	Calories	2,000	2,500
Sat. Fat	Less Than	65 g	80 g
Cholesterol	Less Than	20 g	25 g
Sodium	Less Than	300 mg	300 mg
Potassium	Less Than	2,400 mg	2,400 mg
Total Carbohydrate		3,500 mg	3,500 mg
Dietary Fiber		300 g	375 g
Protein		25 g	30 g
Calories per gram:		50 g	65 g
	Fat 9	Carbohydrates 4	Protein 4

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Ingredients:** Hydrolyzed Gelatin, Whey Protein Concentrate, Citric Acid. Contains less than 2 percent of: Malic Acid, Natural and Artificial Flavors, Potassium Citrate, Lecithin, Beta Carotene Color, Silicon Dioxide, Turmeric Oleoresin Color, Red Beet Powder Color, Sucralose (non-nutritive sweetener) and Acesulfame Potassium (non-nutritive sweetener).

**Directions:** Empty contents of one packet into a glass. Add approximately 6-8 fl. oz. of very cold water. Stir until dissolved.

Drink to your health—and to a slimmer, new you! Herbalife's refreshing Thermojetics® Drink Mix contains 15 grams of protein, which is important for cellular nutrition. Each packet is low in fat and contains only 2 grams of available carbohydrates. This delicious beverage won't slow you or your weight loss down. This artificially flavored Orange drink mix is formulated for convenience and taste, and is packaged in easy-to-use single serving pouches. Just add water and enjoy!

**Notice:** For weight reduction, use only as directed in Herbalife's complete High-Protein Low-Carbohydrate Diet Program. Do not use in diets supplying less than 400 calories per day without medical supervision.

## Ordering Details

Peach Mango #0293

\$10.95



Wild Berry

## NUTRITION FACTS

Serving Size: 1 packet (21.5g)

Servings per container: 7 packets

	Amount Per Serving	
Calories	70	
Calories from Fat	0	
	% Daily Value*	
Total Fat	0 g	0 %
Saturated Fat	0 g	0 %
Cholesterol	0 mg	0 %
Sodium	40 mg	2 %
Potassium	75 mg	2 %
Total Carbohydrate	3 g	1 %
Dietary Fiber	0 g	0 %
Sugars	0 g	
Protein	15 g	
Vitamin A		0 %
Vitamin C		0 %
Calcium		0 %
Iron		0 %

Total Fat	Calories	2,000	2,500
Sat. Fat	Less Than	65 g	80 g
Cholesterol	Less Than	20 g	25 g
Sodium	Less Than	300 mg	300 mg
Potassium	Less Than	2,400 mg	2,400 mg
Total Carbohydrate		3,500 mg	3,500 mg
Dietary Fiber		300 g	375 g
Protein		25 g	30 g
Calories per gram:	Fat 9	Carbohydrates 4	Protein 4

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Ingredients:** Hydrolyzed Gelatin, Whey Protein Concentrate, Citric Acid. Contains 2 percent or less of: Red Beet Powder Color, Natural Flavor, Potassium Citrate, Malic Acid, Lecithin, Silicon Dioxide, Acesulfame Potassium (non-nutritive sweetener), Lemon Juice Solids, Turmeric Oleoresin Color, Sucralose (non-nutritive sweetener) and Canthaxanthin Color.

**Notice:** For weight reduction, use only as directed in Herbalife's complete High-Protein Low-Carbohydrate Diet Program. Do not use in diets supplying less than 400 calories per day without medical supervision.

## Ordering Details

Wild Berry #0299

\$10.95

